

HEALTH SERVICES

Telehealth Ontario 1-866-797-0000

www.health.gov.on.ca

Champlain Region Health Line

www.champlainhealthline.ca

Public Health Units

Kingston, Frontenac, Lennox and Addington

1-800-267-7875

Leeds, Grenville & Lanark 1-800-660-5853

Brockville 613-345-5685

Kemptville 613-258-5941

Gananoque 613-382-4281

City of Ottawa 1-866-426-8885

Smiths Falls 613-283-2740

Renfrew County 1-800-267-1097

Drug & Alcohol Registry of Treatment

www.dart.on.ca 1-800-565-8603

Centre for Addiction and Mental Health

1-800-463-6273

Mental Health Service Information Ontario

(24/7) 1-866-531-2600

www.mhsio.on.ca

Leeds&Grenville, Lanark 1-866-281-2911

Canadian Mental Health Association

Brockville 613-345-0950

Kingston 613-549-7027

Ottawa 613-737-7791

Workplace Safety Insurance Board (WSIB)

Information and assistance, compensation, services & pensions for employees disabled through employment, vocational rehabilitation.

Ontario 1-800-387-0750

Ottawa 1-800-267-9601

Kingston 1-800-267-9461

www.wsib.on.ca

Farm Safety Association 1-800-361-8855

www.farmsafety.ca

Poison Information Centre

1-866-268-9017

ANIMAL CARE

Ontario Farm Animal Council (OFAC)

Assists farmers in providing adequate or improved care for their animals and/or in following practices that meet industry standards. The Helpline is a farmer helping farmer service of advice and referral.

Calls received by the service are given to the appropriate commodity group(s) for follow-up.

Animal Care Helpline: 519-837-1326

www.ofac.org

Ontario Society for the Prevention of Cruelty to Animals (OSPCA) 1-888-668-7722

www.ontariospca.ca

Arnprior & District Humane Society 613-623-0916

Gananoque Humane Society 613-382-1512

Kingston Humane Society 613-546-1291

Lanark Animal Welfare Society 613-283-9308

Leeds & Grenville Humane Society 613-345-5520

Ottawa Humane Society 613-725-3166

Renfrew County Human Society 613-588-4508

For additional information, factsheets and resources, contact:

Agricultural Information Contact Centre:

1-877-424-1300

E-mail: ag.info.omafra@ontario.ca

Northern Ontario Regional Office:

1-800-461-6132

www.ontario.ca/omafra



FINANCIAL RESOURCES AND SUPPORT SERVICES FOR FAMILIES In...

Frontenac, Leeds, Grenville, Lanark, Renfrew Counties and the City of Ottawa.



Prepared by:
Ontario Ministry of Agriculture,
Food and Rural Affairs
Client Services Branch
Kemptville Resource Centre
Box 2004, 59 Ministry Road
Kemptville, Ontario
K0G 1J0
Phone: 613-258-8295
Fax: 613-258-8392

EMPLOYMENT SERVICES

Service Canada

General Enquiries

1-800-O-Canada

(1-800-622-6232)

Employment Insurance (EI) 1-800-206-7218

Local Centres:

Arnprior 1-866-897-4849

Brockville 613-342-4487

Carleton Place 613-257-3344

Gananoque 613-382-2124

Kingston 613-545-8559

Ottawa 613-990-5100

Pembroke 613-735-0681

Perth 613-267-1921

Prescott 613-925-2808

Renfrew 613-432-4878

Smiths Falls 613-283-4790

Employment Ontario 1-800-387-5656

Ontario Works

Arnprior 613-623-5426

Brockville 1-800-267-8146

Carleton Place Sub Office 613-257-4330

Kingston 613-546-2695

Ottawa- Central 613-560-0622

Ottawa - East 613-560-0626

Ottawa - West 613-560-0621

Ottawa - South 613-560-0624

Pembroke 1-866-897-4849

Perth 1-866-878-9588

Renfrew 1-866-897-4849

Sharbot Lake 613-279-3151

Smiths Falls Sub Office 613-283-8714

FINANCIAL RESOURCES

Growing Forward

Growing Forward, a federal-provincial-territorial initiative, supports the development and implementation of best practices in four key areas: Environment and Climate Change; Food Safety and Traceability; Business Development; and Biosecurity. Participants are encouraged to develop strategies across all areas to meet their business goals through a variety of information sessions and workshops as well as one-on-one training and technical assistance.

Business Development for Farm Businesses
Growing Forward Business Development for Farm Businesses incorporates self-assessment and action plan development with a range of cost-share advisory services and skills development opportunities to help reach your farm business goals.

Business Development for Farm Businesses offers:

Growing Your Farm Profits Workshops

- Learn how to do a self-assessment on your farm business. There is no cost to attend this workshop.

Action Plan Review and Sign-off

- Having your action plan reviewed and signed off is the next step towards accessing cost-share opportunities.

Farm Financial Assessment

- Cost-share funding is available to access a professional Farm Financial Advisor. The program covers up to \$2400 of eligible costs to hire an Advisor. The participant pays \$100.
- If you are experiencing severe financial difficulties, you may be able to access the Farm Financial Assessment without completing the Growing Your Farm Profits Workshop.

Agriculture Skills Development

- Identifying a specific need for farm-related training and skills development in your action plan enables you to access cost-share funding up to 50 per cent to a maximum of \$3000.

FINANCIAL RESOURCES cont'd

Advanced Business Planning

- Eligible farm businesses will receive cost-share funding to work with an Advanced Planning Consultant for up to 50 per cent to a maximum of \$8000.

Business Plan Implementation

- To help you implement elements of your Advanced Business Plan, eligible farm businesses can receive cost-share funding for up to 50 per cent to a maximum of \$3000 for one-time non-capital costs.

For more information:

To learn more about other Growing Forward Programs like environment and climate change, food safety and traceability, and biosecurity, please contact the Ontario Ministry of Agriculture Food and Rural Affairs by:

Phone: 1-888-479-3931

Website: www.ontario.ca/growingforward

Email: growingforward@ontario.ca

Growing Forward, a federal-provincial-territorial initiative

Farm Credit Canada

Provides business and financial solutions for farm families and agri-business. www.fcc-sca.ca

Head office/Regina 1-888-332-3301
Kanata 1-800-387-3232

Farm Debt Mediation

The Farm Debt Mediation Service provides farmers and their creditors with mediation services pursuant to the Federal Farm Debt Mediation Act (FDMA) to help them arrive at a mutually satisfactory arrangement. The service is private and confidential.
www.agr.gc.ca/fdms 1-866-452-5556

Local Credit Counselling Resources

Ottawa 1-866-202-0425
Brockville Credit Counselling 1-800-379-5556
1000 Islands Credit Counselling 613-498-2111
Ontario Association of Credit Counselling Services
www.oaccs.com 1-888-746-3328

EMOTIONAL SUPPORT AND REFERRAL

The Farm Line

The Farm Line is a confidential emotional support, information and counseling telephone service that is available across Ontario for farmers and their families. Trained peer counselors talk to the caller, identify resources in the caller's area and help the caller determine the steps to follow to address the caller's needs.

1-888-451-2903

www.thefarmline.ca

Email: thefarmline@thefarmline.ca

Local Distress Centres

Kingston 613-544-4229
Leeds & Grenville Assault 1-800-567-7415
Lanark, Leeds & Grenville 5 pm-12 am 1-800-465-4442
City of Ottawa 613-722-6914
Prescott-Russell, Renfrew, Stormont/Dundas/
Glengarry (24/7) 1-866-996-0991
Tel-Aide Outaouais 1-800-567-9699
Child, Youth & Family Crisis Line of Eastern Ontario
(24/7) 1-877-377-7775

FAMILY SUPPORT SERVICES

Alcoholics Anonymous

Brockville 613-342-8452
Kingston 613-549-9380
Ottawa 613-237-6000

Addiction Help Line 1-800-272-1937
Gambling Help Line 1-888-230-3505
Kids Help Line—to 21 yrs 1-800-668-6868

Children's Aid Society

Frontenac 613-542-7351
Lanark - Perth 1-866-664-9991
Leeds & Grenville - Brockville 1-800-481-7834
Ottawa 613-747-7800
Renfrew - Pembroke 613-735-6866

Children with Severe Disabilities

1-800-646-3209

Community Living Ontario 1-800-278-8025
www.communitylivingontario.ca

FAMILY SUPPORT SERVICES cont'd

Ontario Disability Support Program

Brockville 1-800-267-0834
Ottawa 1-888-256-5111
Smiths Falls 1-800-267-7911

Local Food Banks

Frontenac
Amherstview 613-389-0275
Kingston (Fri 12-3pm) 613-544-4534
Seeley's Bay 613-387-3245
Sharbot's Lake (Tue&Fri) 613-279-3151
Sydenham 613-376-6477
Leeds and Grenville
Gananoque (Mon-Thu) 613-382-4434
Brockville (Mon,Tue,Thu,Sat) 613-342-0605
South Grenville 613-925-2444
Lanark
Carleton Place, Mon-Fri 613-257-8546
Perth (Tue-Fri) 613-267-6428
Smiths Falls (Tue,Wed,Fri) 613-283-6695
Renfrew
Renfrew (last 3 Tue) 613-432-9574
Pembroke (Mon) 613-732-3807
City of Ottawa (Mon-Fri) 613-745-7001

Salvation Army - Community & Family Services

Frontenac
Kingston 613-546-2333
Leeds and Grenville
Brockville 613-342-5211
Gananoque 613-382-3105
Kemptville 613-258-3583
Lanark
Perth 613-267-4652
Smiths Falls 613-283-3563
Renfrew
Pembroke 613-735-5601
Renfrew 613-432-7721
City of Ottawa
Bethany Hope Centre 613-725-1733
Booth Centre 613-241-1573