

HEALTH SERVICES

Telehealth Ontario 1-866-797-0000

www.health.gov.on.ca

Champlain Region Health Line

www.champlainhealthline.ca

Public Health Units

Eastern Ontario Health Unit 1-800-267-7120

Drug & Alcohol Registry of Treatment

1-800-565-8603

www.dart.on.ca

Centre for Addiction and Mental Health

1-800-463-6273

Mental Health Service Information Ontario

(24/7) 1-866-531-2600

www.mhsio.on.ca

Canadian Mental Health Association

Cornwall 613-933-5845

Hawkesbury 613-632-4924

Workplace Safety Insurance Board (WSIB)

Information and assistance, compensation, services & pensions for employees disabled through employment, vocational rehabilitation.

Ontario 1-800-387-0750

Ottawa 1-800-267-9601

Kingston 1-800-267-9461

www.wsib.on.ca

Farm Safety Association 1-800-361-8855

www.farmsafety.ca

Poison Information Centre

1-866-268-9017

EMOTIONAL SUPPORT AND REFERRAL

The Farm Line

The Farm Line is a confidential emotional support, information and counseling telephone service that is available across Ontario for farmers and their families. Trained peer counselors talk to the caller, identify resources in the caller's area and help the caller determine the steps to follow to address the caller's needs.

1-888-451-2903

www.thefarmline.ca

Email: thefarmline@thefarmline.ca

Local Distress Centres

Ottawa and Region 613-238-3311

Child, Youth and Family Crisis Line
for Eastern Ontario

1-877-377-7775

For additional information,
factsheets and resources, contact:

Agricultural Information Contact Centre:

1-877-424-1300

E-mail: ag.info.omafra@ontario.ca

Northern Ontario Regional Office:

1-800-461-6132

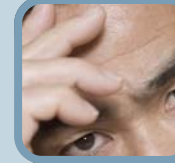
www.ontario.ca/omafra



Également disponible en français

FINANCIAL RESOURCES AND SUPPORT SERVICES FOR FAMILIES in...

Prescott and Russell,
Glengarry, Stormont and Dundas Counties



Prepared by:
Ontario Ministry of Agriculture,
Food and Rural Affairs
Client Services Branch
Alfred Resource Centre
31 St-Paul Street - P.O. Box 430
Alfred, Ontario
K0B 1A0
Phone: 613-679-4411
Fax: 613-679-0929

EMPLOYMENT SERVICES

Service Canada

General Enquiries 1-800-O-Canada
(1-800-622-6232)

Employment Insurance (EI) 1-800-206-7218

Local Centres:

Hawkesbury 613-632-2759

Cornwall 613-938-5731

Employment Ontario 1-800-387-5656

Job Connect Program

Alexandria 613 525-5757

Casselton 613 764-0970

Rockland 613-446-1380

Cornwall 613-933-9675

Employment Service Center

Hawkesbury 613 632-0179

Rockland 613 446-4189

Embrun 613 443 5732

Ontario Works

Glengarry, Stormont and Dundas

Glengarry 613-525-0628

Stormont 613-933-6282

Dundas 613-448-3987

Prescott and Russell

L'Orignal 1-866-298-2298

Clarence Creek 1-866-298-2228

ANIMAL CARE

Ontario Farm Animal Council (OFAC)

Assists farmers in providing adequate or improved care for their animals and/or in following practices that meet industry standards. The Helpline is a farmer helping farmer service of advice and referral. Calls received by the service are given to the appropriate commodity group(s) for follow-up.

Animal Care Helpline: 519-837-1326
www.ofac.org

Ontario Society for the Prevention of Cruelty to
Animals (OSPCA) 1-888-668-7722

www.ontariospca.ca

Prescott & Russell, Glengarry, Stormont & Dundas
613-936-0072

FINANCIAL RESOURCES

Growing Forward

Growing Forward, a federal-provincial-territorial initiative, supports the development and implementation of best practices in four key areas: Environment and Climate Change; Food Safety and Traceability; Business Development; and Biosecurity. Participants are encouraged to develop strategies across all areas to meet their business goals through a variety of information sessions and workshops as well as one-on-one training and technical assistance.

Business Development for Farm Businesses
Growing Forward Business Development for Farm Businesses incorporates self-assessment and action plan development with a range of cost-share advisory services and skills development opportunities to help reach your farm business goals.

Business Development for Farm Businesses offers:

Growing Your Farm Profits Workshops

- Learn how to do a self-assessment on your farm business. There is no cost to attend this workshop.

Action Plan Review and Sign-off

- Having your action plan reviewed and signed off is the next step towards accessing cost-share opportunities.

Farm Financial Assessment

- Cost-share funding is available to access a professional Farm Financial Advisor. The program covers up to \$2400 of eligible costs to hire an Advisor. The participant pays \$100.
- If you are experiencing severe financial difficulties, you may be able to access the Farm Financial Assessment without completing the Growing Your Farm Profits Workshop.

Agriculture Skills Development

- Identifying a specific need for farm-related training and skills development in your action plan enables you to access cost-share funding up to 50 per cent to a maximum of \$3000.

FINANCIAL RESOURCES cont'd

Advanced Business Planning

- Eligible farm businesses will receive cost-share funding to work with an Advanced Planning Consultant for up to 50 per cent to a maximum of \$8000.

Business Plan Implementation

- To help you implement elements of your Advanced Business Plan, eligible farm businesses can receive cost-share funding for up to 50 per cent to a maximum of \$3000 for one-time non-capital costs.

For more information:

To learn more about other Growing Forward Programs like environment and climate change, food safety and traceability, and biosecurity, please contact the Ontario Ministry of Agriculture Food and Rural Affairs by:

Phone: 1-888-479-3931

Website: www.ontario.ca/growingforward

Email: growingforward@ontario.ca

Growing Forward, a federal-provincial-territorial initiative

Farm Credit Canada

Provides business and financial solutions for farm families and agri-business. www.fcc-sca.ca

Head office/Regina **1-888-332-3301**
Embrun 613-443-2138

Farm Debt Mediation

The Farm Debt Mediation Service provides farmers and their creditors with mediation services pursuant to the Federal [Farm Debt Mediation Act](#) (FDMA) to help them arrive at a mutually satisfactory arrangement. The service is private and confidential.
www.agr.gc.ca/fdms **1-866-452-5556**

FINANCIAL RESOURCES cont'd

Local Credit Counselling Resources

Ottawa 1-866-202-0425
Cornwall 613-932-1266
Ontario Association of Credit Counselling Services
www.oaccs.com 1-888-746-3328

FAMILY SUPPORT SERVICES

Alcoholics Anonymous

Ottawa 613 237-6000
Cornwall and area 613-938-1984

Addiction Help Line 1-800-272-1937

Gambling Help Line 1-888-230-3505

Kids Help Line—to 21 yrs 1-800-668-6868

Counselling Centres 1 800 465-8061

Prescott and Russell 613 632-0139

Glengarry, Stormont and Dundas 613 932-9940

Children's Aid Society

Prescott Russell **1 800 675-6168**

Glengarry, Stormont and Dundas **1-866-939-9915**

Children with Severe Disabilities

1-800-646-3209

Ontario Disability Support Program

Cornwall 1-800-565-5374

FAMILY SUPPORT SERVICES cont'd

Local Food Banks

Alexendria & District	613 525-4372
Alfred	613 679-4269
Bourget	613 293-9855
Casselman	613 764-5203
Cornwall — Agapé Centre	613-938-9297
Cornwall — St-Vincent de Paul	613-932-0756
Cornwall — Salvation Army	613-932-0756
Dundas	613-989-3830
Embrun	613 443-2793
Fournier/Plantagenet	613 524-3212
Hawkesbury	613 636-0666
L'Orignal	613 675-1999
Morrisburg	613-543-0065
Riceville	613 524-3140
Rockland/Clarence	613 446-7594
Vankleek Hill	613 678-8119
Winchester	613-774-0188

Salvation Army—Community & Family Services

Cornwall 613-932-8311

Community Living Ontario 1-800-278-8025

www.communitylivingontario.ca

Local Community Living:

Glengarry	613-525-4357
Stormont	613-938-9550
Dundas	613-543-3737

Prescott and Russell Community Services

(French) 1-800-267-0853