

HEALTH SERVICES

Telehealth Ontario 1-866-797-0000

Public Health Units

Hamilton 905-546-3500
Niagara 905-688-3762/1-800-263-7248

Drugs & Alcohol Treatment Info Line (DART)

www.dart.on.ca 1-800-565-8603

Mental Health Service Information Ontario

(24/7) 1-866-531-2600

www.mhsio.on.ca

Fort Erie 905-991-9903
Hamilton 905-521-0090
Niagara South Branch 905-354-4576
St. Catharines 905-641-5222
Welland 905-714-0778

Poison Information Centre 1-866-268-9017

Workplace Safety Insurance Board (WSIB)

Information and assistance, compensation, services & pensions for employees disabled through employment, vocational rehabilitation.

Ontario 1-800-387-0750

Hamilton 905-521-4419/1-800-263-8488

St. Catharines 905-521-4419/1-800-263-8488

Farm Safety Association 1-800-361-8855

ANIMAL CARE

Ontario Farm Animal Council (OFAC)

Assists farmers in providing adequate or improved care for their animals and/or in following practices that meet industry standards. The Helpline is a farmer helping farmer service of advice and referral. Calls received by the service are given to the appropriate commodity group(s) for follow-up.

Animal Care Helpline: 1-519-837-1326
www.ofac.org

Ontario Society for the Prevention of Cruelty to Animals (OSPCA)

www.ontariospca.ca/

Fort Erie 905-871-2461
Hamilton/Burlington 905-574-7722
Niagara Falls 905-356-4404
St. Catharines 905-682-0767
Welland 905-984-5637
Welland 905-938-8776
Welland 905-735-1552

For additional information,
factsheets and resources, contact:

Agricultural Information Contact Centre:

1-877-424-1300

E-mail: ag.info.omafra@ontario.ca

Northern Ontario Regional Office:

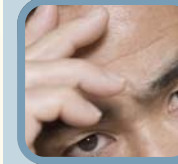
1-800-461-6132

www.ontario.ca/omafra



FINANCIAL RESOURCES AND SUPPORT SERVICES FOR FAMILIES in...

Niagara and Hamilton-Wentworth.



Prepared by:
Ontario Ministry of Agriculture,
Food and Rural Affairs
Client Service Branch
Vineland Resource Centre
Box 8000, 4890 Victoria Avenue N
Vineland Station, Ontario
LOR 2E0
Phone: 905-562-4147
Fax: 905-562-5933

EMPLOYMENT SERVICES

Service Canada (HRDC) 1-800-206-7218

Burlington 905-637-4525
Burlington for Youth 905-637-4515
Fort Erie for Youth 905-871-3932
Hamilton 905-572-2211
Hamilton for Youth 905-572-2131
Niagara Falls 905-988-2700
Niagara Falls for Youth 905-354-2534
Port Colborne for Youth 905-834-3629
St. Catharines 905-988-2700
St. Catharines for Youth 905-988-4154
Welland 905-988-2700
Welland for Youth 905-732-5025

Ontario Works

Fort Erie 905-641-9230
Hamilton 905-546-4800
Niagara Falls 905-354-3561
Port Colborne 905-834-3629
St. Catharines 905-641-9960
Welland 905-734-7975

FINANCIAL RESOURCES

Growing Forward

Growing Forward, a federal-provincial-territorial initiative, supports the development and implementation of best practices in four key areas: Environment and Climate Change; Food Safety and Traceability; Business Development; and Biosecurity. Participants are encouraged to develop strategies across all areas to meet their business goals through a variety of information sessions and workshops as well as one-on-one training and technical assistance.

Business Development for Farm Businesses
Growing Forward Business Development for Farm Businesses incorporates self-assessment and action plan development with a range of cost-share advisory services and skills development opportunities to help reach your farm business goals.

Business Development for Farm Businesses offers:

Growing Your Farm Profits Workshops

- Learn how to do a self-assessment on your farm business. There is no cost to attend this workshop.

Action Plan Review and Sign-off

- Having your action plan reviewed and signed off is the next step towards accessing cost-share opportunities.

Farm Financial Assessment

- Cost-share funding is available to access a professional Farm Financial Advisor. The program covers up to \$2400 of eligible costs to hire an Advisor. The participant pays \$100.
- If you are experiencing severe financial difficulties, you may be able to access the Farm Financial Assessment without completing the Growing Your Farm Profits Workshop.

Agriculture Skills Development

- Identifying a specific need for farm-related training and skills development in your action plan enables you to access cost-share funding up to 50 per cent to a maximum of \$3000.

FINANCIAL RESOURCES cont'd

Advanced Business Planning

- Eligible farm businesses will receive cost-share funding to work with an Advanced Planning Consultant for up to 50 per cent to a maximum of \$8000.

Business Plan Implementation

- To help you implement elements of your Advanced Business Plan, eligible farm businesses can receive cost-share funding for up to 50 per cent to a maximum of \$3000 for one-time non-capital costs.

For more information:

To learn more about other Growing Forward Programs like environment and climate change, food safety and traceability, and biosecurity, please contact the Ontario Ministry of Agriculture Food and Rural Affairs by:

Phone: 1-888-479-3931

Website: www.ontario.ca/growingforward

Email: growingforward@ontario.ca

Growing Forward, a federal-provincial-territorial initiative

Farm Credit Canada

Provides business and financial solutions for farm families and agri-business — www.fcc-sca.ca

Head office/Regina 1-888-332-3301
Vineland 905-562-7355

Farm Debt Mediation

The Farm Debt Mediation Service provides farmers and their creditors with mediation services pursuant to the Federal Farm Debt Mediation Act (FDMA) to help them arrive at a mutually satisfactory arrangement. The service is private and confidential.
www.agr.gc.ca/fdms 1-866-452-5556

Local Credit Counselling Resources

Catholic Family Services 905-527-3823
Family Services of
Hamilton-Wentworth 905-523-5640
St. Matthew's House 905-526-6806
Community Family Support Program 905-523-5546
Credit Counselling of Regional Niagara
905-684-9401/1-800-663-3973

EMOTIONAL SUPPORT AND REFERRAL

The Farm Line

The Farm Line is a confidential emotional support, information and counseling telephone service that is available across Ontario for farmers and their families. Trained peer counselors talk to the caller, identify resources in the caller's area and help determine the steps to follow to address their needs.
www.thefarmline.ca 1-888-451-2903
Email: thefarmline@thefarmline.ca

Local Distress Centres

Fort Erie & area 905-382-0689
Grimsby, West Lincoln & area 905-563-6674
Port Colborne, Wainfleet & area 905-734-1212
St. Catharines, Niagara Falls & area 905-688-3711
Hamilton 905-525-8611

WAVE

24-hour crisis intervention line for women & children in the Fort Erie area 905-871-1122

FAMILY SUPPORT SERVICES

Alcoholics Anonymous

St. Catharines, Welland, Pelham, Niagara Falls, Port Robinson, Fort Erie, Port Colborne 905-682-2140
Dunnville, Stevensville, Grimsby
Ridgeway, Smithville, Beamsville 1-866-311-9042
Hamilton 905-522-8392

Addiction Help Line 1-800-272-1937

Gambling Help Line 1-888-230-3505

Kids Help Line—to 21 yrs 1-800-668-6868

Men's Detoxification Unit, Hamilton 905-527-9264

Wayside House of Hamilton 905-528-8969

Women's Addiction Recovery

Mediation (WARM) 905-871-9195

Women's Detox Centre, Hamilton 905-545-9100

Children's Aid Society

St. Catharines 905-646-7085

Niagara Falls 905-374-3110

Welland 905-732-0788

Hamilton 905-522-1121

FAMILY SUPPORT SERVICES cont'd

Children with Severe Disabilities (South East)

1-800-646-3209

Niagara Centre for Youth Care

St. Catharines 905-688-6850

Child & Youth Counseling

Niagara Falls 905-357-9877

St. Catharines 905-988-5748

Women's Centres

Women's Place 905-684-8331

Beamsville Resource Centre 905-563-5910

Hamilton Resource Centre 905-522-0127

Inasmuch House for Women 905-529-8149

- crisis line 905-529-8600

SOS Femmes 1-800-387-8603

Ontario Disability Support Program :

Hamilton 905-521-7280/1-800-561-0369

St. Catharines 905-688-3022/1-800-263-5413

Local Food Banks

Community Care:

West Niagara 905-563-5822

West Lincoln 905-957-5882

St. Catharines 905-685-1349

Thorold 905-227-9240

Community Outreach and Program Erie 905-871-2526

Open Arms Mission, Welland 905-788-3800

Pelham Cares 905-892-5300

Project Share, Niagara Falls 905-357-5121

Newark Neighbours 905-468-3519

Flamborough 905-690-1036

Stoney Creek 905-664-2252

Emergency Food Assistance 905-528-5100

Good Shepherd Centre 905-528-9109

Salvation Army - Community & Family Services

St. Catharines 905-935-4311

Niagara Falls 905-358-8394

Welland 905-714-4550

Hamilton/Wentworth 905-540-1888